



present the
"Wallsend Harriers Segedunum 5K Road Race"

Sunday 22nd April 2012. (Race license applied for)

Run under UKA rules and supported by;



and



A new race in the calendar over the very popular 5K distance based on the well known "Gordon Smith Relays" route. An officially measured, largely traffic-free 5K course using the Hadrian's Way Cycle Path.

Senior & Veteran Men & Women Start: 10.00 am

Prizes for individual athletes in all categories

Athletes are eligible for one prize only.

Registration and collection of race numbers at Segedunum Visitor Centre. Postcode NE28 6HR

- Entries: Limited to 250 entrants. (Must be 16 years old or over on the day of the race).
Entry fees: Club entries: £7. Unattached: £8. (+ £1 for entries on the day)
Cheques made payable to: WALLSEND HARRIERS & AC.
Post to: John Jamieson, 16 Langdale Gardens, Walkerdene, Newcastle NE6 4EB. Tel: 0191 2634059.
Entries Close: Monday 13th April 2012
Changing facilities: Limited facilities at Segedunum Visitor Centre from 9.15am
CAR PARKING available nearby

..... Detach and post below

NAME _____

ADDRESS _____

CLUB NAME: _____ England Athletics
Reg No: _____

Male / Female _____ Age (on race day) _____

